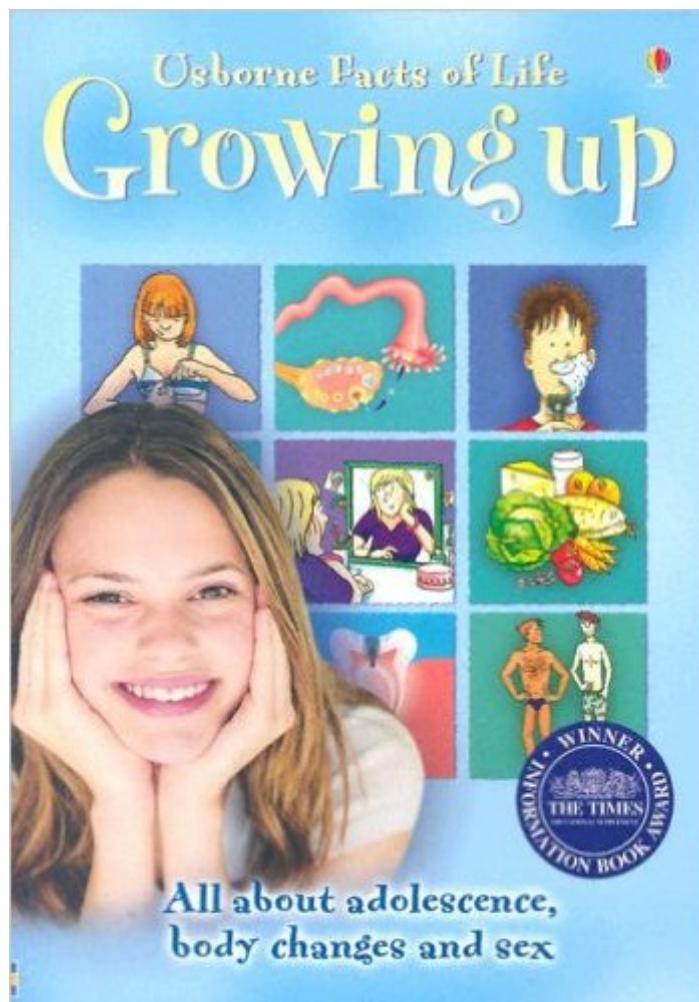


The book was found

# Growing Up: All About Adolescence, Body Changes & Sex (Facts Of Life)



## Synopsis

Revised and updated, this award-winning book provides practical advice to anyone aged 10 or over. Describes in an approachable and straightforward way exactly what happens in puberty - the role of hormones and the changes in the body. Sections on sex, contraception as well as on food, exercise, hygiene, drugs and HIV. ("Excellent reference book for the older child... Amusing illustrations and reassuring words of wisdom." Practical Parenting) Paperback. Pages: 48 Also available in Spanish

## Book Information

Age Range: 10 and up

Series: Facts of Life

Paperback: 56 pages

Publisher: Usborne Books (October 31, 2004)

Language: English

ISBN-10: 0794507646

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Product Dimensions: 9.5 x 6.7 x 0.2 inches

Shipping Weight: 5.6 ounces

Average Customer Review: 5.0 out of 5 starsÂ  [See all reviewsÂ \(1 customer review\)](#)

Best Sellers Rank: #1,124,131 in Books (See Top 100 in Books) #86 inÂ Books > Children's Books > Growing Up & Facts of Life > Health > Maturing

## Customer Reviews

This is a book that every teen should have. It's beautifully illustrated and broken into different catagories which makes it easy to follow, easy to understand and very factual. Don't leave it up to chance that they will learn what is real. Prepare them and they will be the wiser for it. It's better to get the facts from this than from misinformation from peers.

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Life (+FREE BONUS)(Sex and Marriage, Sex Positions Book) Sex: This Book Includes - Tantric Sex: A Beginners Guide For Couples Based On The Art Of Tantra, Sex Positions: 21 Illustrated Sex Positions To F\*ck Her Brains Out (Sex Techniques, Kama Sutra) Increase Libido at Any Age Naturally: The Ultimate Guide to An Increased Sex Drive & Improved Sex Life for Men & Women (Increase Sex Drive, Improve Sex Life) BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) Body Language: Body Language Training - Attract Women & Command Respect, by Mastering Your High Status Body Language (Body Language Attraction, Body Language ... Language Secrets, Nonverbal Communication) Sharks: 15 Weirdest Sharks in The World! Fun Facts, Pictures and More! (Shark Fun Facts, Shark Pictures, Shark Facts for Kids, Shark Books for Intermediate ... (Weirdest Animals in the World! Book 2) Tantric Sex: The Truth About Tantric Sex: The Ultimate Beginner's Guide to Sacred Sexuality Through Neotantra (Tantric Sex Books, Tantric Sex For Men And Women) Growing Marijuana: Beginner's Guide for Big Buds - step by step (How to Grow Weed, Growing Marijuana Outdoors, Growing Marijuana Indoors, Marijuana Bible) Marijuana: Growing Marijuana, Beginner's Guide for Big Buds - Step by Step (How to Grow Weed, Growing Marijuana Outdoors, Growing Marijuana Indoors, Marijuana Bible) Cannabis: The Beginners Guide on How to Start Growing Marijuana Plants at Home (Cannabis, Cannabis Growing, Marijuana, Marijuana Growing, Marijuana Horticulture) Cannabis Success: The Easiest Guide on Growing Large Marijuana Plants at Home (Cannabis, Cannabis Growing, Marijuana, Marijuana Growing, Medical Marijuana, Medical Cannabis, Hydroponics) BODY LANGUAGE : Decoding Alpha Male Body Language, Instantly Attract Any Woman Without Saying a Single word. (Body Language 101, Alpha male, Attract woman, ... Seduce Women, Eye Contact, Body Language) Dirty Talk : Secrets For Women and men, Straight, Gay and Bi, Spice Up Your Sex Life and Have Mindblowing Sex: (Sexuality, Intimacy, Sexting, Confidence, Relationship) (Great Sex Book Series 1) Kama Sutra: The Ultimate Sex Guide To Kama Sutra, Love Making and Sex Positions - Secret Techniques For Your Sex Life! Chakra for Sex: Harnessing the Sexual Energy: Lessons, Poses and Exercises to Open up Your Sacred Chakra and Improve Your Sex Life: Sex Improvement, Book 2 BETTER SEX WITH YOGA: Exercises, poses and meditations for men, women and couples to improve sex life. (SEX IMPROVEMENT Book 1) Facing the Facts: The Truth About Sex and You (God's Design for Sex, Book 4)

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